**WHAT WE KNOW ABOUT DRIVER HEALTH**

**Truck drivers** are 3.5x more likely to break bones at work, 13x more likely to die at work and use more physio and surgery than other workers.

Musculoskeletal conditions, like back pain, represent the most common type of injury.

- Musculoskeletal
- Other traumatic
- Fractures
- Mental health
- Neurological
- Other injuries & illnesses

Most workplace injuries occur outside of crashes:

- 17% Vehicle crashes
- 83% Other injury & disease

The driving workforce is getting older

The average driver takes 10 weeks off work after an injury

Drivers are up to 4x more likely to be injured at work.

- Rail drivers
- Truck drivers
- Delivery drivers
- Bus drivers
- Automobile drivers
- All other workers

**WHAT WE DON’T KNOW**

- How stressed and anxious are drivers?
- What injuries and illnesses occur outside of work?
- How can we prevent injury and illness?
- How can we change the industry to improve driver health?

**TELL US ABOUT YOUR HEALTH IN JUST 10 MINUTES**

Drivers deserve to be healthy and stay healthy at work.

Add your voice to the Driving Health project and help to improve health in the transport industry.

- [drivinghealth.net](http://drivinghealth.net)
- info@drivinghealth.net

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